PREPARE FOR PARENTHOOD WITH OPEN EYES AND SPECIAL FINANCIAL CARE

**SO, YOU'RE GOING TO BE A PARENT.** Exciting? Yes. Scary? Certainly. While finances may seem to be a daunting part of your new, more fiscally responsible life, this is just the beginning of navigating all that having a child brings. No doubt, you want to be debt-free with a solid retirement plan in place and the ability to take care of college costs. Don't be afraid to ask for help from a professional to put a plan in place designed to reach your goals – the best way to overcome fear is to acknowledge concerns and make a plan to address them.

The first year of baby's life is hectic – checkups, first smile, first teeth, first steps – so it's a good idea to get as much done as soon as you can. As time goes by, and your to-do list is checked off, you'll thank yourself for baby-proofing your finances.



1<sub>in</sub> 3

More than 1 in 3 college-educated women will have children after 30.

This means they'll be closer to retirement age during their child's college years and potentially find finances competing for center stage ... all the more reason for a solid plan.

Source: National Health Statistics Report

## USING THOSE NINE MONTHS WISELY MATH **HOMEWORK EXPLORE CHILDCARE OPTIONS.** Investigate what you're comfortable with as well as what you can afford. Can a family Your new addition will subtract from your bottom line.1 member care for the baby while you work, or can you share a nanny with another couple? \$245,340 up to age 18 PLAN FOR THE UNTHINKABLE. Work with your financial \$13,630 annually advisor and qualified estate attorney to make sure your will is updated and all your bases are covered, this includes naming a legal **\$1,135** monthly guardian(s) in the event something happens to you or your partner. Transportation GET REAL ABOUT THE GEAR. Talk to other parents to see what 14% you need. Save money (and the environment) by buying some things Housing secondhand, but always do your research and check for recalls. **30**% Food 16% PRACTICE NEW WAYS OF SPENDING. Put your post-baby budget into action as soon as possible to help ensure you're on track when baby arrives. Child Care & Clothes, Healthcare & other expenses Education 18% **22**% PLANNING WITH BABY AT YOUR SIDE PLAN FOR YOUR CHILD'S FINANCIAL FUTURE. But don't lose sight of your own. It's important to save for your retirement first. Consider a 529 savings plan, Coverdell Education Savings College costs are in addition Account or other educational savings plans and deposit cash gifts. to the above, and 73% of parents say it's their top ADD BABY TO YOUR PLANS. As soon as possible after financial concern.2 birth, you should update any necessary beneficiary information in a current estate plan, wills, and health or dependent care documents. Projected 4-year tuition and fees<sup>3</sup> **CONSIDER A TRUST.** Setting one up allows you to determine how your assets should be managed and distributed to your beneficiaries. **CONTINUE TO TRACK YOUR SPENDING.** Stay ahead of any potential concerns and keep that emergency fund intact for true Enrolling 2015 emergencies. Enrolling 2033

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1 Source: U.S. Department of Agriculture, as of August 2014

2 Gallop Economy and Personal Finance Polls

3 Savingforcollege.com

**ENJOY THE TAX BREAK.** Before you can claim your new dependent, your child needs a Social Security number. Make it easy

by applying during the birth certificate process at the hospital.